

Facial Questionnaire

MARY
COHR
PARIS



1. List any Medications and vitamins that you take regularly
Medications: _____ Vitamins: _____
2. Do you smoke? _____ How many packs per day? _____
Use Retin-A? _____ Have you ever used the acne drug,
Acutane? _____ Do you wear contact lenses? _____
3. Do you have any special skin problems pertaining to your face? If yes please specify _____
4. What type of skin care products are you currently using?
Soap _____ Cleanser _____ Toner _____ Scrub/Peel _____ Moisturizer _____
Masque _____ Other _____
5. Are you taking any oral contraception? _____
6. Do you experience breakthrough oily shine during the day? _____
7. Do you experience skin break-outs? _____
8. How much water do you consume daily? _____ -
9. Do you ever experience these conditions on your skin?
Flakiness _____ Tightness _____ Obvious dryness _____ Acne _____
10. Do you use a sunscreen/sun block on your skin? _____
11. Do you burn easily in moderate sunlight? _____
12. Do you have a tendency to redness? _____
13. What type of massage pressure do you prefer? Low__ Medium__ High__

Massage Questionnaire and Notices

When you have any of these conditions, please do not book a massage.

- Fever, contagious or infectious diseases, including cold or flu, under the influence of drugs or alcohol, recent operations or acute injuries, neuritis, skin diseases.

The massage therapist can massage but not over the following affected areas:

- Varicose veins, undiagnosed lumps or bumps, pregnancy, bruising, cuts, abrasions, sunburn, inflammation.

If you suffer from any of the following conditions, massage can only take place once it has been approved before your session in writing by your physician.

- Cardio-vascular conditions, edema, psoriasis, eczema, high blood pressure, osteoporosis, cancer, psychotic conditions, epilepsy, diabetes, Bells palsy, trapped or pinched nerves, gynecological infections.

Please check where you experience any pain or tension:

- Upper Back Lower Back Shoulder Blades Neck Head Temples Sinus
 Upper Legs Lower Legs Feet Glutes
 other _____

Ionithermie & Body Wrap Questionnaire

IONITHERMIE
luxury detox

Please check all that apply:

- | | |
|--|--|
| <input type="checkbox"/> Suspected or confirmed pregnancy | <input type="checkbox"/> Breastfeeding |
| <input type="checkbox"/> Cardio-vascular conditions | <input type="checkbox"/> Cancer (less than 3 yrs.) |
| <input type="checkbox"/> Metal Pins or Plates | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Kidney or Liver disorder | <input type="checkbox"/> IUD containing copper |
| <input type="checkbox"/> Diabetes if controlled w/ Insulin | <input type="checkbox"/> Thrombosis |
| <input type="checkbox"/> Less than 3 months post-op. | <input type="checkbox"/> Constipation |
| <input type="checkbox"/> Medications causing skin sensitivity | <input type="checkbox"/> Arthritis |
| <input type="checkbox"/> Skin allergies or conditions such as eczema, psoriasis, allergic rash, etc. | |

Are you Overweight? _____ Desired Weight _____

Are you seeking Detox therapy? _____

Please check your areas of concern on your body, check all that apply:

Inch loss

- Upper Thighs Lower Thighs Inner Thighs Glutes Upper Abs Lower Abs
 Hips other _____

Detox

- Shoulder/Rotator detox Joint Detox Muscle Tension Relief detox
 other _____

Notice to client: In all Ionithermie and Body Wrap procedures you must be able to sit or stand depending on the treatment for a minimum of half an hour. If you are unsure of your ability to perform these tasks please check with your physician prior to your appointment. By signing below, you release Silhouettes Day Spa of any and all liability resulting from your use of the facility and assume all risks in connection therewith, including known and unknown risks. YOU ARE LAWFULLY OF AGE AND HAVE READ AND FULLY UNDERSTAND the contents of this document and represent yourself to be physically fit and capable of using the services offered by Silhouettes Day Spa.

Name: _____ Date: _____

Signature: _____ Witness: _____

SILHOUETTES
day spa®