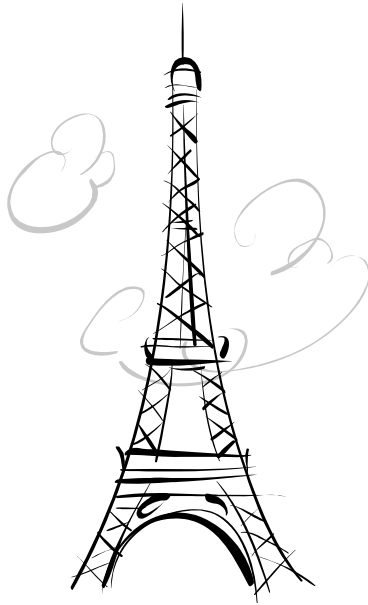


SILHOUETTES

day spa



941.548.1148

2240 S. McCall Road
Englewood, Florida 34224

www.mysilhouettespa.com

Establishment # ME21805 CE9979909

SPA JOURNEYS ~ DAY PACKAGES

Tea for Two ~ (four treatments each person in 3 hours)

\$280 per person

Nothing is better than a day at the spa to cement that special bond between two people. Pamper yourself from your taste buds to your toes. Lunch and Spirits included. Spa Day includes: 2- Signature Facials and 2- 50 minute massages with our sensational body scrub and wrap.

The Moon and the Stars ~ (three treatments in 3.5 hours)

\$260

Three fabulous treatments to nurture the skin and body. A fabulous way to spend a day! Silhouettes moon and stars includes: a *Parisian Cocktail Facial*, a hour *Hot Stone Heaven Massage followed by our ritual Ceremonial Body Scrub and Wrap*. will leave here in a state of relaxation, while your face and body have been completely taken care of.

Fit as a Queen ~ (three treatments in 3.5 hours)

\$375

The quintessential indulgence! This Top to Toe ensemble will treat every inch of your body with the best of Silhouettes! Fit as a queen will start off with a *Catio Complete Body Sculpting* treatment to reduce the appearance of cellulite and rid inches off the body. You'll "waist away"! Choose one of our *Signature Facials* which will leave your skin feeling even more beautiful. Select from one of our four ceremonial 90 minute massages and scrub treatments; Detoxifying, Firming, Toning or Relaxing. Lunch and Spirits included.

Time in a Capsule ~ (four treatments in 4 hours)

\$399

Enjoy the ultimate indulgence, these treatments offer the most innovative machines to detox and stimulate the entire body and face, leaving your skin feeling firmer and tighter. You won't believe your eyes as you see fine lines and wrinkles disappear! Package includes *Firming and Lifting Facial*, *90 Minute Massage*, a relaxing full *Body Scrub and Polish* followed by cocoon wrap and a *Hot Oil Scalp Treatment*. You will love it! Lunch and Spirits included.

BODY SCULPTING & INCH LOSS

Ionithermie Arms ~

30 minutes \$125

A body sculpting treatment that targets specific areas like the inner thigh, waist line, and even arms. Lose up to fourteen inches in one session! Your measurements are recorded before and after. Results are intensified with home care.

Catio Complete Body ~

30 minutes \$135

A body sculpting treatment that targets specific areas like the inner thigh, waist line, and even arms. Lose up to fourteen inches in one session! Your measurements are recorded before and after. Results are intensified with home care.

Ionithermie Silhouette Slimming & Detox Cocktail ~

60 minutes \$159

At last, a treatment to reduce the appearance of cellulite and rid inches off your body. You will "waste away" as a warm conducting clay chases your fat away. Lose up to eight inches in one session! Your measurements are recorded before and after. Results are intensified with home care.

MEDI-SPA SERVICES

Cryotherapy Permanent Make Up Removal ~

Consultation \$25/ Average treatment \$65

The Cryoprobe treatment uses the latest Cryotherapy technology to precisely freeze and eliminate skin irregularities with minimal discomfort. Treatments are very quick (within a few seconds). Great for the removal of permanent make-up, warts, freckles and more.

Lamprobe Skin Abnormalities Eraser ~

Consultation \$25/ Average treatment \$45

The Lamprobe treatment combines radio and high frequency technology to attract fluids to effectively eliminate and remove skin irregularities with minimal discomfort. Treatments are very quick (within a few seconds), and do not even touch the skins surface. Small skin tags or blood spots disappear immediately and hyper-pigmented areas such as liver spots or "age spots" take only a few seconds. * see *Ala' carte* for more options.

CEREMONIAL MESSAGES

Silhouettes Massages ~

50 minutes \$ 80

90 minutes \$100

Silhouettes Day Spa offers a full massage menu; Swedish-Relaxation, Deep Tissue, "Mommy to Be", and Hot Stones.

Couples Massage ~

50 minutes \$160

90 minutes \$195

Sharing only the harmony, each of you will receive a personalized massage with your partner by your side. Perfect for friends, family, and loved ones.

Tandem Massage ~

50 minutes/ 2 sets of hands \$160

Four hands massaging you in perfect rhythm leaving you relaxed and calm.

Detoxifying and Lifting Massage Ritual ~

60 minutes \$125

A complete skin & body ritual combining exfoliation, body wrap and slimming massage. Rich in minerals, Himalayan Salts exfoliate the body. The body is wrapped in a Green, Red & White Tea mask containing slimming, detoxifying action. Enjoy a massage using Exotic Wood Stones to sculpt and define a slimmer silhouette.

Firming and Lifting Massage Ritual ~

60 minutes \$125

A BoraBora White Sand Scrub is used to gently exfoliate. A firming massage oil with a blend of Grape Seed, Coconut and Rosemary Oils is applied. Tropical massage to given to incorporate powerful techniques with a unique glides of the cococups and diffuse a lifting sensation. The ritual will continue with a body cocoon of Lotus flower, Tamanu oil, Coconut oil and Algae to improve the skin texture. A Firming Melting Body Cream will gently be effleuraged over the body after the removal of the cocoon.

BODY SCRUBS & WRAPS

Scentsational Salt Scrub ~

60 minutes \$85

You may have trouble deciding which of these deliciously scented gel salt scrubs you want to try . . . Our Lemon grass and Green Tea Salt Scrub is very appealing, with a refreshing, clean scent and Asian notes. Or maybe you're in a more daring mood, and want to try an Exotic Fruit Salt Scrub - a sweet citrus medley from remote landscapes. If you're more traditional and looking for something relaxing and calming, then the Lavender Salt Scrub is for you. Can't decide? Try a different scent every time!

Detoxifying Body Peeling with Himalayan Salt Scrub ~

60 minutes \$95

Awaken your senses with this Himalayan Salt scrub combined with purifying Essential Oils such as: Rosemary, Lemon, Lavender and Marjoram. Utilizing the healing properties of Lotus Extract and Apricot Butter the skin is left purified, soft and velvety.

Body Peeling with Bora Bora White Sand Scrub ~

60 minutes \$95

A pure Bora Bora white sand scrub gently exfoliates dull, unwanted skin while the exotic scents of Lotus, Coconuts and Tamanu oil lulls the spirit. The sand is rinsed off with warm, wet, silky sponges and hot soaked soft towels, making this polishing treatment comfortable and luxurious at all times.

Mineral Herbal Body Wrap ~

90 minutes \$65/

Mineral and herbal wraps are applied to the whole body by using a compression technique to detoxify and release all built up fluids and assist in cellulite reduction. Results are instant and you are guaranteed to lose up to 5 inches per treatment. Your inches are recorded before and after.

Detoxifying Body Cocoon Wrap ~

60 minutes \$85

Envelop in a concoction of Green, Red and White Tea Leaves combined with Spring Water Algae to effectively detoxify the body. Thanks to a complete action of this perfect blend, the silhouette is redefined. The wrap is complete with an application of Detoxifying Slimming Gel.

FACIALS

Silhouettes Prescriptive Facial ~

50 minutes \$75

A deep cleansing, relaxing facial that exfoliates and detoxifies to improve your skins tone and texture. Tailor-made for your skins needs

Parisian Facial Cocktails ~

50 minutes \$85

A revitalizing facial that restores the skins natural beauty. Your skin will appear more radiant and hydrated. Perfect for all skin types. *"Shaken not stirred."*

Glycolic Peel & Lift ~

50 minutes \$95

Introducing our new 3-phase in-depth renewal treatment with glycolic acid that will aid concerns for many skin types. Dead cells on the skin's surface are swept away to reveal a younger-looking, more radiant complexion. The skin is left re-oxygenated, soothed, nourished, lifted and exceptionally smooth. Great for acne, scars, hyper-pigmentation, age spots, and skin discoloration.

Beaute' Lifting Facial ~

50 minutes \$95

An intensive anti-ageing treatment that targets both loss of firmness and wrinkles. This relaxing facial combines a 100% marine collagen mask to plump and hydrate the skin and gentle stimuli to drain and lift facial contours. Incorporating a specific massage using essential oils, the skin is left smoother and firmer.

Optimum Pureness Facial ~

50 minutes \$95

A balancing treatment for 'oily' skin. Designed to focus on regulating overactive oil glands and balances an oily complexion. It prevents future outbreaks and blemishes. This treatment will balance the oil glands & provide an immediate mattifying action to reduce the appearance of an oily complexion.

Calming and Nourishing Rosacea Facial ~

50 minutes \$95

A nourishing seaweed mask hydrates & restores the skins natural defenses, calming the most sensitive skin. This facial treatment will diffuse redness, treat individual skin concerns and provide excellent soothing repair after sun exposure.

FACIAL RESTORATION

Plumping Collagen Veil Facial ~

90 minutes \$125

The face is embraced in a collagen rich veil, to infuse the age defying properties of pure collagen deep into the skin. The active collagen 'veil' will plump & revitalize while dramatically reducing the appearance of wrinkles. Superficial lines are erased and the skin texture is velvet to touch.

Lifting & Firming Facial ~ (Catio Lift)

60 minutes \$135

This **Lifting Facial** produces an immediate lifting effect through low level stimulation. Muscular stimulation makes the face muscles work very gently without tiring them to restore the skin's firmness and tone while clearing toxins from the tissues and re-oxygenates the skin. It produces spectacular results after the very first session! The face shape is redefined, the features smoothed, and wrinkles and fine lines are visibly minimized.

Re-Oxygenating Facial~ (Catio Vital)

60 minutes \$135

This **re-oxygenating facial** is suitable for all skin types and is tailor-made to your needs. Combining the benefits of science with nature, this re-oxygenating and hydrating facial combines the powerful benefits of essential oils with the unique action of our Catio Vital and Lift machine to penetrate potent products to the deepest layers of your skin. Your skin is visibly more radiant and youthful after your first treatment.

Essence of Youth Facial ~ (Catio-Vital and Lift)

90 minutes \$199

This facial combines the draining effects of our **re-oxygenating vital** facial eliminating all of your toxins so the **lifting facial** stimulation is much more dramatic. The **eyes vital** is included in this session. The combination of these two facials can only be compared to plastic surgery without the knife.

EYES VITAL ~ (Catio Eyes) 25 minutes \$45

The solution for tired eyes, dark circles, heavy eyelids and pronounced signs of aging in the eye contour area. Reconstruction is accomplished by using gentle ionization movements with delicate pressure producing visibly more refreshed eyes and eye lids.

ALA CARTE'

Mini Facial ~
30 minutes \$45

Hot Oil Scalp Treatment ~
20 minutes \$20

Hand or Foot Paraffin Delight ~
20 minutes \$20

Finger Tip to Elbow Age Spot Eraser ~
50 minutes \$199 per side
(includes Pumping Anti-aging Hand treatment)

Pumping Anti-Aging Hand Treatment ~
30 minutes \$45

Pumping Anti-Aging Neck and Décolleté Treatment ~
30 minutes \$55

Spa Sampler ~ (Mini Facial with Back Facial)
60 minutes \$90

Eye Brow or Lash Tinting ~
20 minutes \$20 each

Sunless Tanning ~
Full Body \$49

Waxing Services

Waxing Demi	\$45.00	Waxing Full Legs	\$60.00
Waxing Brazilian	\$50.00	Waxing 1/2 Legs	\$40.00
Waxing Bikini	\$35.00	Waxing Brows	\$15.00
Waxing Chest or Back	\$40.00	Waxing Cheeks	\$10.00
Waxing Glutes	\$30.00	Waxing Lip	\$10.00
Waxing Arms	\$45.00	Waxing Chin	\$10.00
Waxing Under Arms	\$25.00	Waxing Nose	\$10.00
		Choose 3 Face Waxing	\$25.00

* Visit www.mysilhouettespa.com for Gift Cards and Spa Store.

* 24 hour cancellation policy